

Become a Positive Influencer: Leadership Skills Workshop

The Key To ***Positive Influencing***

Workshop Outline:

- Power of Awareness
 - Perceptions
 - Values
 - Thinking Styles
 - Positive Language and Regard
- Responsibility for Outcome
 - Skills of establishing procedure and boundaries
- Effective communication skills
 - Positive regard
 - Assertive communication
- Introduction and practice of Motivational Coaching Model
 - Using motivational language and change language
 - Solution focused
- Implementing the coaching model
- **Expected Outcomes:**
 - More positive communication processes
 - Increased confidence in own management skills
 - Use of a coaching structure to create improved efficacy
 - Higher level of proactive behaviour and ability to create motivation
 - Increased efficiency
 - Decreased stress response
 - Improved career planning and progression
 - Higher sense of engagement
 - Sense of empowerment that is shared